

Boston XO® and Boston XO₂® materials are indicated for Ocular Surface Disease, including dry eye

Boston®

SCLERAL LENS APPLICATION AND REMOVAL THREE-FINGER METHOD

Always have clean hands when handling scleral contact lenses. A mirror and a clean towel underneath the area can be helpful. Always start with the same eye to avoid mixing up lenses.

APPLYING LENSES



Rinse lens with a preservative free saline solution.



Center the lens on your thumb and index and middle fingers.



Fill the lens, forming a convex shape. Don't let it overflow.



Bend over and look straight down. While holding your eyelids wide open, set the lens on the center of your eye.



Blink. Blot excess solution.

Make sure that the lens is centered and comfortable.



Air bubbles can cause discomfort, poor vision, and unusual glare. If any air bubbles are present, reapply.

REMOVING LENSES (can also be removed with plunger — see reverse)



Insert 1 – 2 drops to help loosen the lens.



Pull your lower eyelid down and then up to get it under the lower edge of the lens. Press upward to loosen the lens.



While leaning over a towel, lift the edge of lens with your other hand and remove the lens.



Healthy eyes are a gift. Take care!

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APPLYING LENSES



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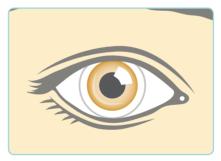
Set the lens on the center of the plunger.



Fill the lens, forming a convex shape. Don't let it overflow.



Bend over and look straight down. While holding your eyelids wide open, set the lens on the center of your eye.



Blink. Blot excess solution.

Make sure that the lens is centered and comfortable.

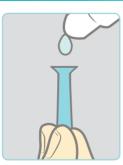


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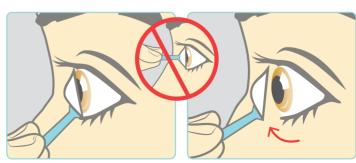
REMOVING LENSES



Insert 1 – 2 drops to help loosen the lens.



Wet the plunger with 1 – 2 drops.



Gently attach the plunger to the edge (NOT the center) of the lens.

Gently tilt up and out on the lens and carefully remove it from your eye.

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